

## ST DV102 : \*College Orientation for Student Athletes

### General Information

Author:	<ul style="list-style-type: none"><li>Rita Zobayan</li><li>Mercer, Molly</li></ul>
Course Code (CB01) :	ST DV102
Course Title (CB02) :	College Orientation for Student Athletes
Department:	ST DV
Proposal Start:	Spring 2025
TOP Code (CB03) :	(0835.50) Intercollegiate Athletics
CIP Code:	(31.0501) Sports, Kinesiology and Physical Education/Fitness, General.
SAM Code (CB09) :	Non-Occupational
Distance Education Approved:	No
Will this course be taught asynchronously?:	No
Course Control Number (CB00) :	CCC000646453
Curriculum Committee Approval Date:	05/08/2024
Board of Trustees Approval Date:	07/16/2024
Last Cyclical Review Date:	05/08/2024
Course Description and Course Note:	ST DV 102 is designed to introduce current student-athletes to a successful college and transfer experience as well as provide practical knowledge and skills necessary to promote academic success and career-related planning. Requirements for certificates, degrees, and the transfer process will be covered, including the National Collegiate Athletics Association (NCAA) and the National Association of Intercollegiate Athletics (NAIA) transfer requirements. Students will learn strategies for time management, goal setting, effectively communicating with faculty, utilizing campus resources, and striking a healthy balance between athletic and academic priorities. This course will prepare student-athletes to identify their strengths and transferrable skills and how they connect to career and life after sports. Note: This course is Pass/No Pass only.
Justification:	New Course
Academic Career:	<ul style="list-style-type: none"><li>Credit</li></ul>
Author:	

### Academic Senate Discipline

Primary Discipline:	<ul style="list-style-type: none"><li>Counseling</li></ul>
Alternate Discipline:	<ul style="list-style-type: none"><li>Counseling: EOPS</li></ul>
Alternate Discipline:	<ul style="list-style-type: none"><li>Disabled Student Services &amp; Programs (DSPS)</li></ul>

## Course Development

### Basic Skill Status (CB08)

Course is not a basic skills course.

Allow Students to Gain Credit by Exam/Challenge

### Course Special Class Status (CB13)

Course is not a special class.

### Pre-Collegiate Level (CB21)

Not applicable.

### Grading Basis

- Pass / No-Pass Only

### Course Support Course Status (CB26)

Course is not a support course

## Transferability & Gen. Ed. Options

### General Education Status (CB25)

Not Applicable

### Transferability

Transferable to both UC and CSU

### Transferability Status

Approved

## Units and Hours

### Summary

**Minimum Credit Units (CB07)** 1

**Maximum Credit Units (CB06)** 1

**Total Course In-Class (Contact) Hours** 18

**Total Course Out-of-Class Hours** 36

**Total Student Learning Hours** 54

### Credit / Non-Credit Options

#### Course Type (CB04)

Credit - Degree Applicable

#### Noncredit Course Category (CB22)

Credit Course.

#### Noncredit Special Characteristics

No Value

#### Course Classification Code (CB11)

Credit Course.

Variable Credit Course

#### Funding Agency Category (CB23)

Not Applicable.

Cooperative Work Experience

Education Status (CB10)

### Weekly Student Hours

	In Class	Out of Class
Lecture Hours	1	2
Laboratory Hours	0	0
Studio Hours	0	0

### Course Student Hours

<b>Course Duration (Weeks)</b>	18
<b>Hours per unit divisor</b>	54
<b>Course In-Class (Contact) Hours</b>	
Lecture	18
Laboratory	0
Studio	0

<b>Total</b>	18
<b>Course Out-of-Class Hours</b>	
Lecture	36
Laboratory	0
Studio	0
<b>Total</b>	36

### Time Commitment Notes for Students

No value

### Units and Hours - Weekly Specialty Hours

Activity Name	Type	In Class	Out of Class
No Value	No Value	No Value	No Value

### Pre-requisites, Co-requisites, Anti-requisites and Advisories

#### Advisory

ESL133 - Grammar And Writing III

#### Objectives

- Compose a 300 to 350-word composition which: (a) includes a clear thesis statement; (b) shows clear organization into an introduction, body, and conclusion; (c) provides supporting details; (d) meets division criteria for fluency, clarity and accuracy;

### Entry Standards

Entry Standards

## Course Limitations

Cross Listed or Equivalent Course

## Specifications

### Methods of Instruction

Methods of Instruction

Demonstrations

Methods of Instruction

Guest Speakers

Methods of Instruction

Collaborative Learning

Methods of Instruction

Lecture

Methods of Instruction

Multimedia

Methods of Instruction

Presentations

### Out of Class Assignments

- Individual projects (e.g., journal entries that demonstrate development of career choices)
- Completion of a Student Educational Plan
- Complete transfer center and career center assignments

### Methods of Evaluation

### Rationale

Exam/Quiz/Test

Quizzes

Other

Completion of Student Education Plan

Other

Appointments with counselor

Writing Assignment

Writing assignments to formulate thoughts and opinions on academic rules and requirements and identify individual, career, academic, personal and athletic goals

Exam/Quiz/Test

Exams

### Textbook Rationale

No Value

**Textbooks**

Author	Title	Publisher	Date	ISBN
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No Value	No Value	No Value	No Value	No Value
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**Other Instructional Materials (i.e. OER, handouts)**

<b>Description</b>	Glendale Community College Catalog
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<b>Author</b>	Glendale Community College
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<b>Citation</b>	No value
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<b>Online Resource(s)</b>	No value
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<b>Description</b>	NCAA Transfer Guide
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<b>Author</b>	National Collegiate Athletic Association
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<b>Citation</b>	No value
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<b>Online Resource(s)</b>	No value
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**Materials Fee**

No value

**Learning Outcomes and Objectives****Course Objectives**

Identify GCC athletic eligibility rules as they relate to their sport.

Identify NCAA and NAIA transfer eligibility rules and regulations and determine the student-athlete's eligibility to participate at the four-year level.

Formulate academic goals based on the student's academic level.

Prepare a Student Education Plan based on the student's academic goals.

Utilize college resources to identify courses necessary to complete college goals.

Identify and access the many academic support services on campus and summarize activities offered to students.

Identify the steps involved in the career decision making process.

Select a tentative college major and relate it to career goals.

Use a planner to practice time management, study, and organizational skills.

## SLOs

Demonstrate knowledge of the CCCAA and NCAA rules and regulations.

Expected Outcome Performance: 70.0

Select a tentative college major and relate it to career goals.

Expected Outcome Performance: 70.0

Demonstrate knowledge of courses required, with appropriate sequence, to meet educational goal.

Expected Outcome Performance: 70.0

## Additional SLO Information

**Does this proposal include revisions that might improve student attainment of course learning outcomes?**

No

**Is this proposal submitted in response to learning outcomes assessment data?**

No

**If yes was selected in either of the above questions for learning outcomes, explain and attach evidence of discussions about learning outcomes.**

No Value

### SLO Evidence

No Value

## Course Content

### Lecture Content

#### Introduction to College and Athletics (3 hours)

- Introduction to course: agreements, contracts and responsibilities
- Post-secondary education overview: policies, programs and requirements
- Applying for Financial Aid/FAFSA/CADAA
- Basic Needs Support/ CARES
- Student Equity Learning Communities (La Comunidad, Black Scholars, and APIDA)
- DSPS
- Scholars Program
- Campus Police

#### How to Successfully Navigate MyGCC and CANVAS (2 hours)

- Use of Peoplesoft and MyGCC
- Use of CANVAS for online and hybrid option
- Navigate the GCC website and resources

#### Academic Strategies for Success (3 hours)

- Effective study behaviors and time management: balancing academics and athletics
- Campus resources
- Goal Setting (SMART)

#### Planning Your Education and Life After Athletics (8 hours)

- CCCAA compliance dates by sport/semester
- Choosing a major/career
- Student Educational Plan
- Understand the requirements and differences between career and transfer programs
- Understanding Associate degree requirements vs. transfer requirements
- Understanding lower vs. upper division courses preparing for majors at private and out-of-state institutions

- Connect decision-making theory to individual interests, talents, and abilities that align with specific majors and careers
- Life goals: Short term and Long term

**Equity and Diversity Among GCC Students (2 hours)**

- Demographics of GCC’s student population
- Sense of belonging/community at GCC
- Acknowledge cultural wealth
- Mutual Respect Policy
- Sexual Harassment Policy
- Anti-Discrimination Policy
- Alcohol and drug Policy
- Student Code of Conduct

**Total hours: 18**

**Additional Information**

Is this course proposed for GCC Major or General Education Graduation requirement? If yes, indicate which requirement in the two areas provided below.

No

**GCC Major Requirements**

No Value

**GCC General Education Graduation Requirements**

No Value

**Repeatability**

Not Repeatable

**Justification (if repeatable was chosen above)**

No Value

**Resources**

Did you contact your departmental library liaison?

Yes

If yes, who is your departmental library liason?

Jennie Quinonez-Skinner (Language Arts, Student Services)

Did you contact the DEIA liaison?

Yes

Were there any DEIA changes made to this outline?

No

If yes, in what areas were these changes made:

No Value

**Will any additional resources be needed for this course? (Click all that apply)**

- No

**If additional resources are needed, add a brief description and cost in the box provided.**

No Value